



SHS Extra Curricular Opportunities 2018-19

We are extremely grateful to all staff, partners and students who commit so much of their time to supporting our young people beyond the classroom.

Extra Curricular involvement is a valuable part of the rounded education we strive for at Selkirk High School. Please have a look at what is on offer - pupils are always welcome and should feel free to try out as many clubs as they like.

- All pupils at Selkirk High School are encouraged to get involved in as many extra curricular opportunities as possible.
- Joining a club can be a lot of fun and an excellent way to make friends and add a range of different experiences to the school week. It's also a good way to have a calm and healthy lunchtime.
- It can also help develop the *SHS Golden Skills* of **Teamwork**, **Creativity**, **Problem Solving** and **Communication** as well as having a **Positive Attitude**.
- Every club also provides opportunities to put our *School Values* of **Respect**, **Responsibility**, **Relationships** and **Resilience** into action and break down barriers between groups of students and between different year groups.



STEM CLUB

Mrs Everett

When? Monday Lunchtime

Where? Room 27

Who? S1-6

This is a club for everyone interested in how things work and how they are made. Brace yourself for some big ideas from the world of Science Technology Engineering and Maths.



Maths Club

Mrs McHenry

When? Tuesday Lunchtime

Where? Room 13

Who? S1-6

This is a club for everyone interested in puzzles, logic and Maths. Play board games and much more!



Geography Club

Miss Todd

When? Thursday Lunchtime

Where? Geography Room

Who? S1-6

This is a 'Geography in the News' club for all Geography enthusiasts! Our main purpose is to keep the Geography in the News noticeboard updated with news articles, front pages of what is going on in the world...so I'm calling on budding journalists and geography enthusiasts!



Rights Respecting Schools

Miss Swan

When? Wednesday Lunchtime

Where? Room 31

Who? S1-6

This is a club for anyone who would like to get involved in promoting Human Rights, good values, respect and tolerance across our school and community. We will plan events, organise campaigns and work with teachers and other committees in the hope of achieving our Silver Rights Respecting Schools Award.





*Selkirk
HS Hockey Club*

Hockey

Staff: Mr Aiken, Miss Pick, Ali Cullen
Senior helpers: Lindsay Jack, Emma Duncan, Polly Bell, Lisa Anderson, Georgia Main and Tia Douglas
When: S3= Monday 4-5pm
S1&2= Tuesday 4-5pm
Senior= Thursday 4-5pm

Hockey has always been a great success at Selkirk High School. It is a brilliant opportunity to meet new people, socialise with friends and stay active. Members are provided with the opportunity to train one night a week and play competitive games against other schools on a Friday afternoon. New members are always welcome, come and speak to the P.E department if you are interested.



*The Glory that was
Greece...*

*and
The Grandeur
that was Rome.*



Classics Club

Mr Cunningham
When- Thurs lunchtime
Who- S1-S6
Where- Room 14

This club has been devised to provide young people at SHS the opportunity to begin their understanding of the Ancient World; to have an awareness of its languages, customs, beliefs, social structures, institutions and history. In a fun and exciting way, we will look at the differences and similarities between our modern society and the civilisations of the Ancient Greeks and Romans.

**Fun
Football
Tuesday**



Football

Gregor Lunn, Luis Mendoza(S6), Mr Aiken
When? Thursday Lunchtime 1.25 -1.55
Where? 2G pitch
Who? S1 & S2

This is an opportunity to come and **ENJOY** playing Football on the 2G pitch on a lunchtime. All S1 & S2 welcome. Teamwork – **T**ogether **E**veryone **A**chieves **M**ore Creativity - Learn 1 v 1 skills to beat your opponent
Problem Solving – When to shoot, who to pass to, what skill to use. Communication – Developing the confidence to talk to teammates, fellow club members
Positive Attitude – Helping your team mates, fellow participants learn new skills and encouraging all to give their best effort.



Extra-Curricular Rugby

S1 and S2

Mr Lyall, Mr Murdoch, Mr Willan, Mr Dolan

When? Monday after school 3.45pm to 5pm

Where? Gym Changing Rooms and High School Pitches

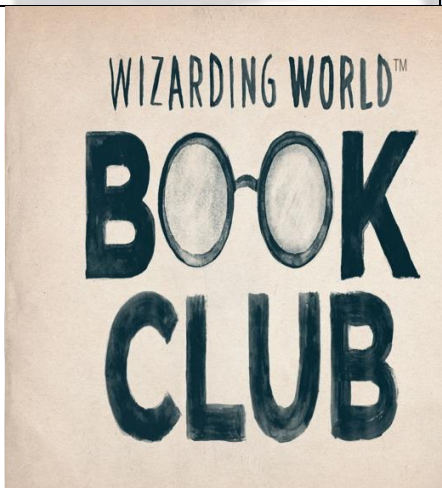
S3/U15 and U16

When? Tuesday and Thursday 6pm to 7.30pm

Where? @ Selkirk Rugby Club

Fixtures – Friday afternoon, Saturday Morning

This is an opportunity for all students to develop their understanding of rugby as well as improving their skills and games understanding. Sessions allow players to develop both physically and mentally. Team work is at the centre of these sessions where players learn to work successfully with others to achieve improved performances.



Book Club/Harry Potter

Mrs Mckeown

When? Tuesday Lunchtime but could be changed if not suitable for those interested.

Where? Room 21

Who? S1-S6

If you love reading and want to find out about new books, discuss what you've been reading with others and write reviews for the local press, this is the club for you!

Previous groups have also run competitions and events to promote reading across SHS.

This year we're also thinking about adding a Harry Potter element to the club so if you know your Slytherin from your Ravenclaw, we're looking for you!

Group Guitar

Mrs Hume

This group rehearses on Monday lunchtime at 1.30 pm in the Music department. It is open to anyone who plays the guitar.

Rehearsals begin around October and continue weekly.

Mrs Hume prepares a wide variety of music that appeals to all guitarists. Their first performance will be the Christmas concert on Wednesday 12th December.



Choir

Mrs Kemp

Choir is rehearsing on Monday lunchtime at 1.30 pm in the Music department.

We are busy preparing for the Christmas concert and are rehearsing 'A Million Dreams' from The Greatest Showman and 'When You Believe' from The Prince of Egypt.

Choir is open to anyone who loves to sing!



Ceilidh Band

Mr Lowthian

This group is open to anyone who plays any instrument. Rehearsals are on Wednesday lunchtime at 1.30pm in the Music department and these continue weekly.

Mr Lowthian always chooses music that is enjoyable to rehearse and perform and the Ceilidh Band is always an important part of our Christmas concert.



School Band

Mr Kemp

This group rehearses on Thursday lunchtime at 1.30 pm in the Music department. It is open to anyone who plays brass or woodwind. Rehearsals begin around October and continue weekly.

Mr Kemp will be working on a programme of music for the Christmas concert.



DRAMA

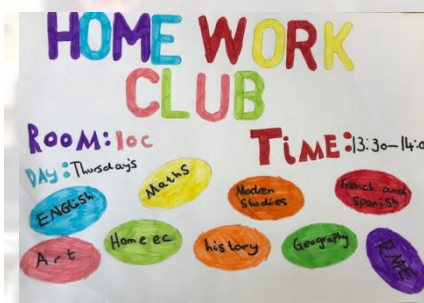
Mr Everitt

When? Wednesday Lunchtime

Where? Room 8

Who? S1-3

If you enjoy performing with the possibility of showing family and friends your skills then this is the club for you. In Drama Club you will take part in games and improvisation and grow in confidence!



Homework Club

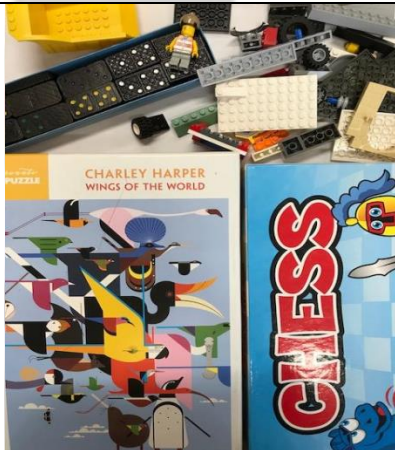
Mrs Lane / Mrs Fraser / S6 Volunteers

When? Thursday Lunchtime 1.30 – 2.00

Where? Room 10C

Who? S1 and S2

If you need a quiet space, or a computer to complete your homework then 10C is the place for you. S6 pupils are also there to help.



Games Club

Mrs Lane / Mrs Fraser

When? Wednesday Lunchtime 1.30 – 2.00

Where? Room 10B and 10C

Who? S1 – S3

This is a club for anyone who enjoys jigsaws, chess, Lego or any other board games. Come along and join us on Wednesday. It's a great way to make new friends.



Horticulture Club

Mr Willan

When? Tuesday Lunchtime and afterschool.

Where? Horticultural area

Who? S1-S6

We are very lucky to have a great set up ready and waiting for students to use and enjoy the hands-on experience of growing. There will also be other opportunities for students interested in horticulture. Activities include polytunnel production, vegetable gardening, fruit tree maintenance, container plantings, expert advice from the local community, and lots of food!



Big Question Club

Led by Daniel, Emma, James, Margaret, and Jess.

When? Thursday Lunchtime

Where? Room 35

Who? S1-S6

Big Questions: Life, Purpose, and Hot Chocolate

Come along for hot chocolate and discussions about the big ideas of life. What are we for? Why do we wonder what we're for? Where are we going? Are we there yet? We'll make these discussions interesting and fun, and everything's better with hot chocolate anyway.



Sustainability and Enterprise Club

Mrs Orr, Mrs Poole and Mr Winton

When: Wed 1:30-1:55

Where: Technologies

Who: S1-S6 Are you a budding Entrepreneur?

This club is all about making products to sell and setting up a small business. Pupils will be encouraged to explore areas of up-cycling, making and selling and given the opportunity to explore their own areas of interest.



ART CLUB

Mr Dolan and S6

When? Wednesday Lunchtime

Where? Room 32

Who? S1-6

Art club is run by a few S6 pupils for everyone who enjoy being creative. You will get to use messy materials and projects that you do not get the chance in class. If you would like to create a sculpture out of clay, paint a mural, learn how to use a DSLR camera or weekly challenges then come along.

Tuesday	7-7.45pm	Canoe Club	<i>Mr and Mrs Dickie</i>	8 years +	Selkirk Swimming Pool
Tuesday	6-7pm	Cricket	<i>Rory Banks</i>	P1 – S6	Selkirk Cricket Club
Tuesday	Lunchtime fortnightly	Interest Link	<i>Stef Polytillo</i>	By invitation	Rm 12
Wednesday	6.15 – 7.15pm	Selkirk FC	<i>Iain Clark</i>	U15	2G
Thursday	5-6pm	U14 Hockey (mixed)	<i>Fjordhus Reivers</i>	P6-S2	2G
Saturday	2-3pm	Fit For Girls	<i>TRI FITNESS</i>	S1 –S6	TRI FITNESS (Gala)

