

SCHOOL NOTICEBOARD: SELKIRK HIGH SCHOOL

THE latest from behind the scenes at Selkirk High School...



The hockey team are now into the semi-finals



A 'Help Our Stressed Teens' evening was held at the school

Mental health event

On Tuesday, February 21 it was the Help Our Stressed Teens evening which was really well attended by pupils and their families. It was lovely to see so many P7 pupils from our local primaries. It was organised and led by our Mental Health Ambassadors (Luisa Brown, Maartje de Zoeten, Ellen Douglas and Niamh Dolan) who wanted to raise awareness about the mental health issues of teenagers and to provide support to parents. Guests gained useful insights into mental health and we would like to thank our key speakers: Claire Jennings from See Me, Jane MacDonell and the Harris Trust, Angela Freeman from Quarriers and Roisin Lynch joined via a video call from Togetherall. Through their presentations, information was shared about different coping mechanisms and the stigma surrounding mental health. Parents were then invited to visit the many stalls and sample our delicious pancakes as it was Shrove Tuesday. Stalls shared resources and information about neuro-diversity, local and National support services available.

Hockey

The school would like to say congratulations to Andrew and Triston Gibson on a brilliant weekend of hockey playing for Fjordhus Reivers Men. A 4-1 win on Saturday in the league takes the team into second place. On Sunday the team travelled to Dundee to play in the quarter finals of a cup game. The team came out on top winning the game on a very exciting penalty shootout. Onwards now to the semis on April 1.

S2 Tapestry visit

On Thursday, March 2, all S2 pupils were invited to the Great Tapestry of Scotland to participate in their Learning Festival planned for Selkirk High School. Each student got to experience five different workshops and all received a full tour of the Tapestry panels. The workshops were:

- Inspire Learning 'Design your own Panel'
- Sewing workshop
- Scots Abroad
- What jobs are there at the Tap-

estry? In partnership with DYW Borders

■ History Mystery: the stolen Rosslyn Panel
Some students were also lucky enough to complete a few stitches on the new panel currently being worked on. All pupils were able to develop their skills across a broad range of curricular areas and generated lots of evidence for their Achievement Journeys. Some of our students said: "My favourite part was getting to walk around and look at all the individual panels. They were amazing", Arran Hermiston. "It was cool learning how to stitching and knowing that some of my stitching will be part of history on the new panel. We also had to use our problem solving skills to spot all of the hidden images in the panels", Kori Duff. "It was very creative and inspiring - I loved the stitching", Scarlet Robertson. The school would like to say a huge thank you to all of the staff at the Great Tapestry of Scotland, especially education officer Michelle Sterricks for putting the whole day together.



S2 students visited the Tapestry

