



Selkirk High School

Thank you to all parents for your support of our core expectations. The vast majority of students arrive in full uniform and are ready to learn. This creates a calm and purposeful atmosphere and really makes a difference!

Ready To Learn Checklist

Every school day begins with RTL (Ready To Learn). Key safety messages are discussed and support is provided to students who are unsure about the day ahead. This really helps prepare students for a successful day.

Lesson after lesson and day after day- for all the years of school - the little things add up to make a very significant difference to the achievements of our young people.

Please have a look at the checklist below and help us to ensure every student is Ready To Learn.

<p>Healthy Start</p>	<p>The link between performance and a healthy start is really clear and thank you for supporting this. Breakfast club is available at the school every day.</p>	<p>✓</p>
<p>Uniform</p>	<p>Pupils who wear the full school uniform contribute enormously to the purposeful atmosphere, high standards and high expectations at the school as well as a sense of equality amongst our students.</p> <p>Students are expected to arrive at school in full school uniform every day- and to bring PE Kit in a bag.</p> <p>We thank you for supporting this. Please see below/contact the office for information about the support available and/or how to access Clothing Allowance.</p>	<p>✓</p>
<p>Ipad</p>	<p>The ipad is now the 'school bag' of students at SHS- it's vital that students look after their ipads responsibly and bring their fully charged ipad to school each day.</p>	<p>✓</p>
<p>Mobile Phones</p>	<p>It is very clear to us that students who carry their phones about or have them in pockets during class are continually aware of them and easily and often distracted from their learning. Ipads mean that phones no longer have any role in class.</p> <p>More than ever, students (and everyone else!) are finding it difficult to separate themselves from their phones. In addition to the impact on learning, we are aware of significantly negative impact of social media on mental health.</p> <p>To encourage a more balanced relationship with phones, we therefore require S1/2/3 students to keep their phones at home or, if parents need students to have their mobile for particular reasons, they should be out of sight or handed to the office during the school day. If senior students bring mobiles to school, they must be in bags and out of sight during class time.</p> <p>Parents and Carers are asked not to contact their children's mobiles during class time.</p>	<p>✓</p>
<p>Lunchtimes</p>	<p>The performance of students in the afternoon who have a high sugar lunch appears to be very significantly less effective than students who make healthy choices. If you are not confident your child is making healthy choices in the town, please consider a packed lunch or our canteen. We do not allow energy drinks or sugary drinks in school.</p>	<p>✓</p>



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SHS Uniform

All pupils should arrive at school smartly dressed and ready to learn

- A white shirt and school tie tied at the top (ties are provided by the school through parent pay)
- A plain black V-neck jumper, cardigan or black sweatshirt- not hoodies*
- Black tailored trousers or black shorts/skirt- not jeans or leggings
- Smart, sensible, black school shoes
- House T-Shirt (provided by school through parent pay)
- S6 SHS School Jacket (provided by school through parent pay)
- School hoodies or other branded sports kit are not to be worn in classes except on match days.

*Pupils wearing outdoor clothing are expected to change on arrival; lockers are available- please contact the school office.



We would like to thank parents and carers for supporting the school uniform. It is an indirect but significant factor in the school's ethos and success.

By wearing the uniform, students contribute to the purposeful school environment and demonstrate that they are Ready to Learn. The uniform is aspirational. It represents our united effort to be the best we can be. It represents the pride we have in our school and our belief in every young person's unique and magnificent potential, regardless of their background and ability. It can support a positive mind-set and give young people confidence, self-belief and a sense of community and belonging.

Students also tell us that the uniform shows that everyone is equal and helps prevent prejudice based on appearance.

RELATIONSHIPS FOR LEARNING



Pre-Loved Uniform and Support

- The school offers a pre-loved clothes/kit recycling opportunity. We now have a stock of new and good quality uniform items. Call the School Office to find out more 01750 20246. Donations welcome!
- You may be entitled to Scottish Gov support for School Clothing and/or School Meals- Please see overleaf or contact the school to check.



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Free school meals and help with Uniform

SBC can provide children with free school meals and financial assistance towards the purchase of school clothing. The current amount payable is £70 per qualifying child.

All children in primary one to three are automatically eligible for a free school meal. For all other children to qualify, you must meet one of the following criteria.

<p>School clothing and footwear grant</p> <p>Income Support Income-based Job Seeker's Allowance Any income related element of Employment and Support Allowance Working Tax Credit and/or maximum Child Tax Credit with an income less than £16,105 Support under Part VI of the Immigration and Asylum Act 1999 Universal Credit</p> <p>The clothing grant is only paid once per child per school year between August and the following March.</p>	<p>Free school meals</p> <p>Income Support Income-based Job Seeker's Allowance Any income related element of Employment and Support Allowance Child Tax Credit, but not Working Tax Credit, with an annual income less than £16,105 Both maximum Child Tax Credit and maximum Working Tax Credit with an annual income less than £6,420 Support under Part VI of the Immigration and Asylum Act 1999 Universal Credit with a monthly income less than £610</p>
<p>How to apply or renew</p> <p>If you are renewing you will need your claim number from your renewal letter. Fill out the online application form : Download and print the application form and return it to your local contact centre. Apply for or renew free school meals and clothing grants</p> <p>Customer Advice and Support Service Telephone: 0300 100 1800 Address: Council Headquarters Newtown St. Boswells Melrose TD6 0SA</p> <ul style="list-style-type: none"> • Contact Customer Advice and Support Service Visit your local office 	<p>EDUCATIONAL MAINTENANCE ALLOWANCE</p> <p>An EMA has been available to eligible young people remaining in full time education beyond the statutory leaving age of 16. It is a weekly payment made directly to the young person from a family whose annual household income is £22,403 or less.</p> <p>Payments will only be made if the pupil has satisfied attendance requirements. Pupils must complete a learning agreement. Information and application forms are available from the school office.</p>