

SCHOOL NOTICEBOARD: SELKIRK HIGH SCHOOL

...All the latest news straight from the classroom



Two Selkirk pupils excelled at the Scottish Schools Road Race Championships. Images: Selkirk High School

Scottish schools race championships
CONGRATULATIONS to Holly Craig and Annabelle Stewart who competed in the Scottish Schools Road Race Championships in Dunfermline recently. Holly and Annabelle both ran really well with Holly coming in a superb 19th out of 146 runners from all over Scotland and Annabelle comfortably in the top half of the field in her race also.

Mentors in violence prevention (MVP) training
CONGRATULATIONS to our newly trained mentors in violence prevention (MVP): Yasmin Crosbie, Maisie Heatlie, Anya Hemsley, Mary Ann Nicoll, Sadie Oliver and Carmen Robbie. These senior pupils will begin delivering sessions with our S1 pupils after the October break, focusing on respectful

relationships and the importance of being an active bystander. We would also like to extend our sincere thanks to Theo Aitken, Clemency Cross and Freya Fowle, who have kindly volunteered for a second consecutive year to facilitate sessions with our current S4 pupils — supporting an initiative developed by our ESAS Action Group. The programme addresses a range of behaviours including physical violence, name-calling, sexting, coercive and controlling behaviour and harassment. Individuals are not looked on as potential victims or perpetrators but as empowered onlookers with the ability to support and challenge their peers whilst keeping themselves safe. Rotary club supports S5 pupils with mock interviews. The rotary club, led by Dr.

Jan Henderson, is once again partnering with the school to support S5 pupils through a series of mock interviews. As part of this initiative, Dr. Henderson recently visited the school to speak with students about the importance of crafting strong CVs, personal



enhances self-awareness and professionalism but also helps prepare students for future employment or further education interviews with greater confidence and success.

UCAS Discovery
EARLIER this term, S6 pupils had the valuable opportunity to attend the UCAS Discovery event held in Kelso. The event provided students with insight into a wide range of post-school options, including university courses, apprenticeships, and career pathways. Pupils engaged with representatives from various higher education institutions, employers, and organisations, allowing them to ask questions, gather prospectuses, and explore different routes for their future.

The experience was both informative and inspiring, helping students make more confident and informed decisions about their next steps after school.

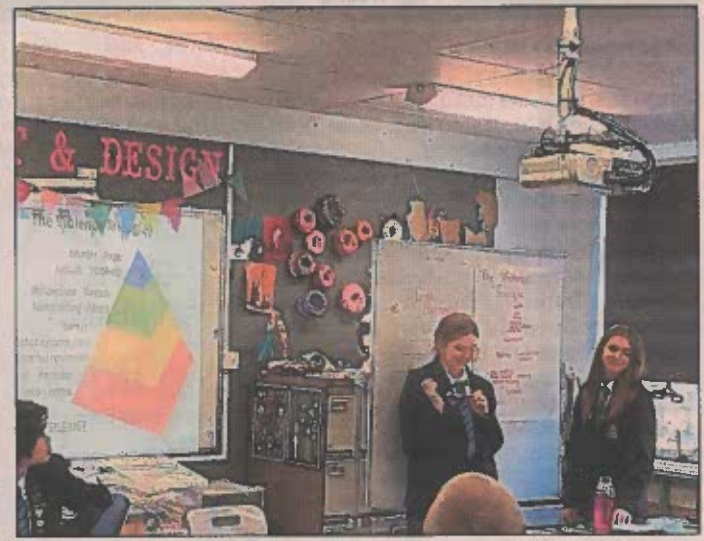
S1 and S2 inter-house hockey
LAST week our S1 and S2s participated in their first inter-house event of the year. Having participated in a block of hockey in PE the S1s were keen to show their new skills and game understanding



Pupils took part in the inter-house hockey championships

statements, and covering letters when applying for jobs or further education opportunities. S5 pupils are now busy preparing their portfolios in advance of this valuable experience. Participating in mock interviews provides S5 pupils with a valuable opportunity to build confidence and develop essential communication skills in a supportive setting. Through realistic interview practice and constructive feedback, pupils learn how to present themselves effectively, refine their answers, and improve key documents such as their CVs and personal statements. This experience not only

against each other. In the first round of games between Ettrick and Tweed each house won one game, lost one game and drew one game. In the second round of games Yarrow proved too strong for Ettrick and won all three of their games. In the final round Tweed managed to win one game against Yarrow but Yarrow were too strong in the other two games. There was lots of great team work on show, with end to end action across all games. Well done to all participants. Final results were: Final scores were 1st - Yarrow, 2nd - Tweed and 3rd - Ettrick. With a high number of students participating in Extra Curricular hockey the standard in the S2 competition was extremely high. In the first round of games between Ettrick were successful in two games and Tweed managed to win one. In the second round of games Yarrow came out on top winning two games to Ettricks one game. In the final round of games it was all square with both Yarrow and Tweed winning one game and drawing one game. Final results were: 1st - Yarrow, 2nd - Ettrick, 3rd - Tweed



Students learned about the mentors in violence prevention work